

East Grand Rapids Public Schools presents

# PIONEERING HEALTH, WELLNESS, & SAFETY

## Community Conversations Series



### VAPING

Public health and school officials now see vaping as an epidemic amongst our youth. Parents are encouraged to attend this informative session about the chemicals in vape liquids, how “Big Tobacco” is increasingly driving the marketing efforts, and how addiction and health consequences are affecting families. Local experts, Dr. Shelley Schmidt and Dave Stults, will share their knowledge and experiences with these trends and take questions from attendees. Preceding this parent session, Dr. Schmidt and Mr. Stults will address students in grades 6-12 through grade-level presentations starting the prior week.

**September 18th**  
6:00 p.m.

### ANGST

*Angst* is a 56-minute film that explores anxiety, its causes and effects, and what we can do about it. The goal of the film is to raise awareness around anxiety. *Angst* features candid interviews with kids and young adults who suffer, or have suffered, from anxiety and what they've learned about it. This film includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources, and tools. A panel discussion of West Michigan experts will follow the viewing of the film. Students in grades 6-12 will also view the film during school prior to the parent forum.

**October 7th**  
7:00 p.m.



Both events will be held at the East Grand Rapids High School PAC