

Counseling Reading Resources

BUILDING FRIENDSHIPS AND A POSITIVE SELF IMAGE

TITLE	AUTHOR(S)
1. Building Self-Esteem	Rose Westmoreland
2. Character Matters	Thomas Lickona
3. Chicken Soup for the Teenage Soul	Jack Canfield, Mark Hansen, Kimberly Kirberger
4. Finding Choices, Making Decisions	Janine Malecka
5. Getting Along With Others	Janine Malecka
6. How to Say No and Keep Your Friends	Sharon Scott
7. How to Win Friends and Influence for Teen Girls	Donna Carnegie
8. Interactions: Effective Communication	Debbie Pincus
9. Making and Keeping Friends	John Schmidt
10. Stop and Think	Rob Kerr
11. A Parenting Tight-Rope: Building Self Esteem	Julie Stitt

TITLE	AUTHOR(S)
1. Girl Wars	Cheryl Dellasega Ph.D., Sharisse Nixon Ph.D.
2. How to Handle Bullies, Teasers and other Meanies	Kate Cohen-Posey
3. Mean Chicks, Cliques and Dirty Tricks	Erika V. Shearin Karres
4. Mean Girls	Kaye Randall, Allyson Bowen
5. Peer Harassment in School	Jaana Juvonen, Sandra Graham
6. Queen Bees & Wannabes	Rosalind Wiseman
7. Words Will Never Hurt Me	Sally Northway Ogden

TITLE	AUTHOR(S)
1. A Student Dies, A School Mourns	Ralph L. Klicker
2. Asperger Syndrome	Ami Klin, Fred Volkmar, Sara Sparrow
3. Attention Deficit Disorder	David & Myra Sosin
4. Bipolar Disorder Binder	Multiple Authors
5. Divorce is Not the End of the World	Zoe and Evan Stern
6. Do You Hear What I Hear? Special Needs Guide	Janice Fialka, Karen Mikus